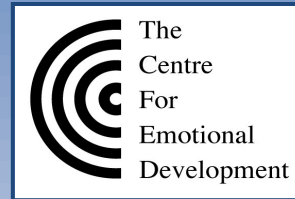




# PartnershipProjects

in association with:



is now offering a

## Certificate Training Programme\* with Peter Jakob NVR and the New Authority

Non Violent Resistance (Haim Omer) is a rapidly growing new approach for dealing with complex difficulties around aggression, destructive and self-destructive behaviour in children, adolescents and young adults. Ranging from violence, drug taking and running away, to anxiety, self isolation and adult entitled dependence, this family and community approach offers parents ways of dealing effectively with the problem, while improving the often frayed relationship with their child. NVR is also being used to help carers of looked after children and teachers overcome disruptive or aggressive behaviour. By developing a focus on unmet need in the child, NVR goes beyond the behaviour to help children develop more secure attachment, value and feel valued in their key relationships - even, or especially when the young person refuses to engage in therapy.

This is the first comprehensive course of its kind in the United Kingdom. Professionals in CAMHS, mental health, social care, education and youth justice will have the opportunity to develop the core competencies that are required for using this intervention successfully in working with violence, aggression, controlling and self-destructive behaviour in the family, school and community.

Length and scope of the course:

- four 2-day training workshops, beginning March 2012
- two supervision days in small groups

Location: Brighton (Courses can also be arranged in London, Manchester or Dublin based on demand)

Course fees:

- £800 for all four training workshops + 20% VAT = £960
- £300 for both clinical supervision days (no VAT)
- **TOTAL COST= £1,260**

Workshop one: Theory and practice of Non Violent Resistance Therapy in the family	15/16 March 2012
Workshop two: The New Authority in the family, school and community	10/11 May 2012
Workshop three: Child focus - working with families with abused children	20/21 Sep 2012
Workshop four: Multi-stressed families - integrating trauma focus and NVR	TBC

Each training group will consist of 15-25 participants. Clinical supervision will take place in small groups of up to nine participants. For further information about the course and to register, please go to:

[www.partnershipprojectsuk.com](http://www.partnershipprojectsuk.com)

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## Trainer: Dr Peter Jakob

With a background in social work, Peter has worked as Clinical Psychologist and Family Therapist in both CAMHS and Adult Mental Health for over 27 years, specialising in children and families involved with Social Services.

As Consultant Clinical Psychologist and Lead for Complex Cases in the NHS, and Director of PartnershipProjects, Peter brings his in-depth knowledge of treating violence, severe trauma, attachment difficulties, and parents' mental health or substance misuse problems to working with multi-stressed families and looked after children.



Based on intensive contact with Haim Omer and his team in Tel Aviv, Peter has introduced NVR to the UK. He has a strong concern for children and young people who have experienced child abuse, and whose aggression, violence or self-destructive behaviour has become a destructive way of coping with their distress. Inspired by Jim Wilson's ideas and methods for developing a child focus in family therapy, Peter has introduced ways of using reconciliation gestures to address unmet need in children to the practice of NVR. He has adapted NVR for working with looked after children in foster care and residential services, and for multi-stressed families.

Supporting families, schools and communities has taken Peter out of the 'ivory tower' of the therapy room, and into the places where adults learn to build bridges in order to protect and save their children by resisting their problem behaviour and promoting reconciliation. As a prolific national and international trainer, Peter brings this 'hands on' approach to his workshops. Together with leaders in the field of NVR from other countries, Peter is involved at the forefront of developing the 'International Society for Non Violent Resistance Psychology (NVRpsy)'.

## Supervisors: Elisabeth Heismann and Liz Day

Elisabeth Heismann is a systemic family therapist working in Greenwich CAMHS. For the last four years she has worked in the forensic Youth in Need team where she developed and evaluated individual treatment options for young people with very violent and out-of-control behaviours. As well as being a qualified systemic supervisor, Elisabeth is a teacher and trainer with 20 years experience in educational settings with children and adults in Germany, Zimbabwe and the UK .



Elizabeth M Day is a systemic family therapist and registered social worker working in Bexley Child and Adolescent Mental Health Service. She has more than 30 years experience of working in health and social care and is also a qualified teacher and trainer. As well as being a qualified systemic supervisor, she is a tutor on the MSC in systemic therapy at the KCC Foundation in London . She is currently doing a professional doctorate and carrying out research into the NVR parent programme.



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