



Partnership Projects

Non Violent Resistance Clinics



Working collaboratively with people is more effective than 'treatment'.

We draw from many different methods and approaches, using NVR to help parents, carers and teachers use their own strengths, resources and knowledge in responding effectively to some of the most serious challenges children and young people present with.

General enquiries:

+44 (0) 330 808 0644

www.PartnershipProjectsUK.com

referrals@PartnershipProjectsUK.com

Our Practitioners:

- all hold the Advanced Certificate in Non Violent Resistance,
- are highly experienced,
- have a unique and flexible approach to working,
- come from a wide variety of backgrounds including:

systemic family therapy,
clinical psychology,
behaviour support,
educational psychology,
teaching for children with special needs,
counselling,
educational psychology.

Some of the difficulties we use NVR for:

- Violence, destructive behaviour and behaviour problems in children/young people
- Conduct Disorder
- ADHD
- Behaviour problems and Anxiety related difficulties of children and young people with Autism
- Phobias, OCD, Social Anxiety and other anxiety disorders where children and young people do not cooperate fully in treatment
- Self Isolation, social withdrawal and dependency on parents in young people and adults
- Attachment difficulties and developmental trauma
- Eating Disorders
- Serious mental health disorders in adults who show dependency on their parents



**Partnership
Projects**

Why is my child aggressive? Why do they truant and run away from home? Why...

No diagnosis alone explains why a young person acts in an aggressive or unmanageable way. With very few exceptions, young people who act in defiant, aggressive or violent ways control others around them.

Their dismissiveness towards adults, and their rejection of the adults' attempts to look after their wellbeing, can make it very difficult for parents, carers or teachers to uphold a caring responsiveness. When the child's needs are hidden behind an angry face, they are much more difficult to detect. In Non Violent Resistance, parents or carers learn to acquire a position of strength, not giving in to unreasonable or harmful demands by the child, protecting themselves from aggression and violence, yet avoiding the unnecessary, unhelpful and painful battles of the past. "Raising parental presence" becomes the alternative to trying to control an uncontrollable and often out of control child.

Feeling empowered and stronger, parents can then use 'reconciliation work' to develop a stronger focus on the young person's needs, and show that they continue to love and care about their child.

About us

PartnershipProjects offers services, workshops, training and consultancy in innovative therapies. In particular we offer expertise in psychological interventions for overcoming the effects of trauma, aggression and anxiety in families and individuals. Our therapists and parenting practitioners work with a variety of specialist approaches for improving family relationships, and bringing relief from trauma and aggression.

One of these is Non Violent Resistance (NVR). NVR has been developed to overcome aggressive, violent, controlling and self-destructive behaviour. PartnershipProjects has practitioners around the UK, please enquire for details.

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