

# PartnershipProjects

## Evaluation of NVR Coursework & Certification Guidelines

We would like to congratulate you on attending the 10 day PartnershipProjects NVR Certificate Course (*made up of 4 day Foundation Level and 6 day Advanced Level training*).

Should you now wish to go on and complete the required coursework (see below as to what is entailed), on completion you can submit this for evaluation. You have 12 months from completion of the certificate course to submit your work. Once it has been evaluated as meeting our standard for certification and there are no major concerns about your practice, you will be awarded the ***PartnershipProjects Advanced Certificate in NVR Practice***.

### What You Need To Know

Please ensure you read the following requirements for submitting your NVR coursework.

- Coursework can be submitted, once you have completed the 10 day Certificate training course, i.e. Foundation Level (4 days) + Advanced Level (6 days) training.
- Should you have missed training due to illness or another good reason, you are eligible to take part in the equivalent training days on the PartnershipProjects London Certificate Course at a later date. If you would like to do this, please contact [gabrielle@partnershipprojectsuk.com](mailto:gabrielle@partnershipprojectsuk.com) stating which training days you missed and your reasons for missing them.
- There is a fee to have your coursework evaluated. We cannot begin the evaluation of the coursework until payment has been received. **The current fee is £250 inc VAT (£208.33 exc VAT)**
- To book your evaluation please visit our website at the following page; <http://www.partnershipprojectsuk.com/training-workshops/booking-evaluation-certification/> and complete the online form. Alternatively, to remit payment please contact [linda@partnershipprojectsuk.com](mailto:linda@partnershipprojectsuk.com) who will arrange for an invoice to be sent to you.
- When you are ready to submit your coursework, this should be sent in electronic version (including the reflective log) by email along with your completed Participants form to: [linda@partnershipprojectsuk.com](mailto:linda@partnershipprojectsuk.com)
- Unfortunately, we cannot accept hard copies of your submission documents.

- **Please print your name on the top left corner of EACH submission**– to make clear who it belongs to and avoid your work getting mixed up with that of another participant.
- Please do not send any parts of your work separately, as they may get lost. You will be informed via email when your coursework has been received and the date it has been sent for evaluation.
- Once your coursework has been evaluated as *successful*, you will be sent your ***PartnershipProjects Advanced Certificate in NVR Practice*** together with feedback from your assessor.
- In the event that there should be minor concerns about any part of your coursework or practice, your assessor will contact you and attempt to resolve the issue with you in the first instance.
- In the event that there should be serious concerns about any part of your coursework, your assessor will notify the Director or Associate Director of PartnershipProjects, in order to identify a way of resolving the issue or issues that have arisen. This may entail a series of conversations between yourself, your line manager, professional lead or clinical supervisor, the assessor of your coursework, and the Director or Associate Director of PartnershipProjects. Such conversations will aim to develop and oversee a plan of action for ameliorating any concern that has arisen. The concern or concerns should be redressed, or there should be a reasonable expectation they will be redressed, within a one year time period upon the initial evaluation of coursework.

PartnershipProjects UK Ltd reserves the right to withhold certification in instances in which a serious concern or concerns could not be redressed, or no reasonable assumption can be made they will be redressed within a one year time period following the initial evaluation of the coursework. The reasons why a serious concern/serious concerns could not be redressed, or why there is no reasonable expectation they will be redressed, must be laid out in writing by PartnershipProjects UK Ltd.

Refusal of certification by PartnershipProjects is notwithstanding the participants' right to receive a certificate of participation.

- If you have any queries about your coursework, evaluation procedure, wish to make a complaint, or are requesting an extension to the 12 month deadline, please send your email to both Linda [linda@partnershipprojectsuk.com](mailto:linda@partnershipprojectsuk.com) and copy to Rachael Aylmer, Associate Director PartnershipProjects UK Ltd: [rachael@partnershipprojectsuk.com](mailto:rachael@partnershipprojectsuk.com)

## Course-Work Requirements

### Case Studies

Completion of the *PartnershipProjects Advanced Certificate in NVR Practice* will require the submission of two 2000 word case studies (+/- 10%). Each case study should include:

1. A brief, approx. 200 word abstract at the beginning of the study. *NB: please see note below regarding what is required in an abstract and how it should be laid out.*
2. Description of the background to the case: family members involved, parent background, relevant history such as trauma in the family, disabilities or mental health problems.
3. Actual problem behaviour of the child and/or other family members.
4. Family dynamics around the problem (description using NVR terminology)
5. Personal and interpersonal resources in the family.
6. Therapeutic aims.
7. Therapeutic process: development of the support network, NVR interventions, any impasses in the therapeutic process and how they were overcome.
8. Therapeutic gains.
9. Practitioner's reflections and conclusions.

***ABSTRACT: please ensure that you clearly mark this as ABSTRACT and that it is kept separate from the rest of the Case Study text. It should be 200 words (+/- 10%) and is not included in the main body of the text.***

***Descriptive abstracts.*** A descriptive abstract indicates the type of information found in the work. It makes no judgments about the work, nor does it provide results or conclusions. It does incorporate keywords found in the text and may include the purpose, methods, and scope of the work.

## Reflective Log

### **Certificate in Non Violent Resistance Therapy and Intervention Reflective Log**

The reflective log is like a personal diary of your NVR practice. You should begin with the log at the very outset of your practice in NVR, which will generally be from your Foundation Level training onward. It is suggested, that you make an entry at least once per week over a one year period. The expected time commitment to the reflective log is 50 hours. It should be between 2500 and 7500 words in length. There is no word limit

The purpose of the reflective log is to give you the opportunity to create a record of your experience, thinking, and personal and professional process of change relating to your practice of NVR. Please make entries on the workshops and Practice Days you take part in, your actual client sessions, your reading relating to NVR, any peer supervision meetings, and any other experiences you consider noteworthy.

Please find below a few guiding questions. They are intended to provide a supportive structure to your reflections; feel free to change or adapt them as needed and suits your own style of learning.

- What was the experience relating to NVR (i.e. client session, training, supervision, peer supervision, reading, other)? Please describe what happened, including your own action, in as neutral a manner as possible, i.e. without interpretation, judgement or critique.
- What surprised you, what was new and different?
- If this experience involved interaction between people, what patterns of interaction are you able to identify?
- What did you learn from this experience about your own emotional responsiveness?
- What did you learn from this experience about your own body responses?
- What did you learn from this experience about your thinking and underlying beliefs?
- What did you learn about your own strengths, personal and interpersonal resources in the practice of NVR?
- In what way(s) would you like this experience to help you modify your responses in the future?
- What influence is this experience likely to have on your thinking about violence and aggression, nonviolence and therapeutic processes?
- How is this experience likely to change your theoretical/psychological views on resistance, nonviolence and therapy?

## **Required reading**

- Jakob, P. (2016): Multi-stressed families, child violence and the larger system: an adaptation of the nonviolent model. *Journal of Family Therapy* 00: 00–00; doi: 10.1111/1467-6427.12133
- Jakob, P. (2014). Non-violent resistance and ADHD. *ADHD in Practice* 6/2, pp 7-11
- Jakob, P. (2011). Re-connecting parents and young people with serious behaviour problems - child-focused practice and reconciliation work in Non Violent Resistance therapy. New Authority Network International; [www.newauthority.net](http://www.newauthority.net) (download)
- Jakob, P. & Shapiro, M. (2014). Overcoming aggression, harm and the dependence trap: Non Violent Resistance in families with a child on the autism spectrum. In G. Jones & E. Hurley: *Good autism practice. Autism, happiness and wellbeing*. Glasgow: BILD
- Lebowitz, E.R. & Omer, H. (2013). *Treating childhood and adolescent anxiety. A guide for caregivers*. Hoboken: Wiley
- Omer, H. (2004). *Nonviolent resistance: A new approach to violent and self-destructive children*. Cambridge: Cambridge University Press.
- Omer, H. (2011/1) *The new authority: family, school, community*. Cambridge: Cambridge University Press.
- Omer, H. & Dolberger, D. (2015). Helping parents cope with suicide threats: An approach based on Nonviolent Resistance. *Family Process*, doi: 10.1111/famp.12129 (download at [www.nvrpsy.com](http://www.nvrpsy.com) )

## **Further Reading (recommended, but not required for Certificate)**

- April 2014 Context Magazine (can be downloaded from PartnershipProjects website)
- Holt, A. (2013). *Adolescent to parent abuse. Current understandings in research, policy and practice*. Bristol: Policy Press.
- Kool, V.K. (2008). *The psychology of nonviolence and aggression*. New York: Palgrave.
- Weingarten, K. (2004). *Common shock. Witnessing violence every day*. New York: New American Library.
- Zimbardo, P. (2007). *The Lucifer effect. How good people turn evil*. London: Rider

## **Evidence Base (recommended, but not required for Certificate)**

- Gleniusz, B. (2014). Examining the evidence for the non-violent resistance approach as an effective treatment for adolescents with conduct disorder. *Context* 132, pp 42-44. (download at [www.partnershipprojectsuk.com](http://www.partnershipprojectsuk.com) )
- Jonkman, C.S, Van der Soet, K, Van Gink, N, Godard, N, Van der Stegen, B. & Lindauer, R.J.L. : The effects of nonviolent resistance in a child and adolescent psychiatric ward setting. Unpublished manuscript. (download at [www.partnershipprojectsuk.com](http://www.partnershipprojectsuk.com) )
- Lavi-Levavi, I. (2010). Improvement in systemic intra- familial variables by "Non- Violent Resistance" treatment for parents of children and adolescents with behavioral problems, PhD dissertation, Tel- Aviv University, Tel Aviv.
- Newman, M, Fagan, C & Webb, R (2013). The efficacy of non-violent resistance groups in treating aggressive and controlling behaviour in children and young people: a preliminary analysis of pilot NVR groups in Kent. *Child and Adolescent Mental Health* 19/2, pp 138-141

- Ollefs, B., Von Schlippe, A., Omer, H., and Kriz, J. (2009) Adolescents showing externalising problem behaviour. Effects of parent coaching (German). *Familiendynamik*, 3: 256-265.
- Van Hoen, F., Vanderfaellie, J., & Omer, H. (2016). Adaptation and evaluation of a nonviolent resistance intervention for foster parents: a progress report. *Journal of Marital and Family Therapy* 42(2): 256-271.
- Weinblatt, U. & Omer, H. (2008). Non-violent resistance: A treatment for parents of children with acute behavior problems. *Journal of Marital and Family Therapy* 34, pp.75-92.

For a comprehensive NVR bibliography: <http://admin.newauthority.net/resources/article-list.aspx>

Attachment 1:

## Participant's Form

**Location & Provider of Course/s**(ie: Local Authority /Agency /PartnershipProjectsdirectcourse)

**Foundation Level Days 1-4:** \_\_\_\_\_

**Advanced Level Days 5-10:** \_\_\_\_\_

**Date of Final Training Day:** \_\_\_\_\_

Full Name: \_\_\_\_\_

Date of Submission: \_\_\_\_\_

Email Address: \_\_\_\_\_

Please fill in the training dates below, and then circle 'yes' or 'no' to indicate if you have attended them:

- |                |          |
|----------------|----------|
| 1. FL1: .....  | Yes / No |
| 2. FL2:.....   | Yes / No |
| 3. FL3:.....   | Yes / No |
| 4. FL4:.....   | Yes / No |
| 5. AL5:.....   | Yes / No |
| 6. AL6:.....   | Yes / No |
| 7. AL7:.....   | Yes / No |
| 8. AL8:.....   | Yes / No |
| 9. AL9:.....   | Yes / No |
| 10. AL10:..... | Yes / No |

If you have missed any days but attended them elsewhere, please outline where and when it was:

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1. Please circle 'yes' or 'no' to confirm whether you have read the following texts from the required reading list:

- Jakob, P. (2016): Multi-stressed families, child violence and the larger system: an adaptation of the nonviolent model. *Journal of Family Therapy* 00: 00–00; doi: 10.1111/1467-6427.12133
  - Yes/No
- Jakob, P. (2014). Non-violent resistance and ADHD. *ADHD in Practice* 6/2, pp 7-11
  - Yes/No
- Jakob, P. (2011). Re-connecting parents and young people with serious behaviour problems - child-focused practice and reconciliation work in Non Violent Resistance therapy. New Authority Network International; [www.newauthority.net](http://www.newauthority.net)(download)
  - Yes/No
- Jakob, P. & Shapiro, M. (2014). Overcoming aggression, harm and the dependence trap: Non Violent Resistance in families with a child on the autism spectrum. In G. Jones & E. Hurley: *Good autism practice. Autism, happiness and wellbeing*. Glasgow: BILD
  - Yes/No
- Jakob, P., Wilson, J. and Newman, M (2014). Non-violence and a focus on the child: a UK perspective. *Context* 132, pp. 37-41.
  - Yes/No
- Lebowitz, E.R. & Omer, H. (2013). *Treating childhood and adolescent anxiety. A guide for caregivers*. Hoboken: Wiley
  - Yes/No
- Omer, H. (2011) *The new authority: family, school, community*. Cambridge: Cambridge University Press.
  - Yes/No
- Omer, H. (2004). *Nonviolent resistance: A new approach to violent and self-destructive children*. Cambridge: Cambridge University Press.
  - Yes/No
- Omer, H. & Dolberger, D. (2015). *Helping Parents Cope with Suicide Threats: An Approach Based on Nonviolent Resistance*. *Family Process*, doi: 10.1111/famp.12129
  - Yes/No

2. Have you included a 50 hour/min 2500 word reflective log? Yes / No

3. Have you included two 2000 word case studies? Yes / No

4. Please write in the title of each case study:

1 \_\_\_\_\_

2 \_\_\_\_\_

5. Have you remitted payment? Yes / No

*If yes, please give PartnershipProjects invoice number.* -----

*If no we will forward you an invoice. Once payment has been received we will be able to commence evaluation.*

Please submit completed form along with coursework to: [linda@partnershipprojectsuk.com](mailto:linda@partnershipprojectsuk.com)

*Please note: Evaluation should take approx. 4 to 6 weeks to complete, however at times this can be longer. If you wish to check on the status of your Evaluation or have any queries regarding it, please contact Linda on her email address shown above.*