



Partnership Projects

NVR Training

for Professionals



The NVR Certificate Course (Levels 1 & 2)

Our CPD-accredited Non-Violent Resistance (NVR) training course enables participants to develop the core knowledge and skills that are necessary to competently use this intervention for violence, aggression, controlling, destructive and harmful behaviour in the family, school and community.

The certificate course is made up of 3 parts, which can all be booked individually OR booked together to save 20%. Once all 3 steps are completed, you will receive your Certification (NVRA Level 2).

The three steps of the NVR Certificate Course:



Key Details:

- We offer 3 different training routes: via eLearning, LIVE Online or In-Person
- 20% discount available when you book the full NVR Certificate Course (Foundation Level, Advanced Level, Coursework)
- Foundation Level from £425 +VAT
- Advanced Level from £825 +VAT
- Group Training Supervision at low cost (heavily subsidised to support your NVR journey)
- For the latest dates, please [visit our website](#).

Eligibility:

This course is tailored to professionals working in local authorities, health, education, social care, and voluntary sector organisations who are interested in supporting individual families who are experiencing Child to Parent Violence and Abuse (CPVA) using the Non-Violent Resistance approach.



Find Out More >

Have a question? Email: training@partnershipprojectsuk.com

The NVR Certificate Course

Step 1: Foundation Level NVR Training (NVRA Level 1)

Basic principles of NVR as a psychological intervention

By trying to control, caregivers operate within the same 'logic of control' as the child – to control or be controlled. Most violent young people refuse to be controlled. The result is symmetrical escalation (parent and child losing their temper and trying to control each other) or complementary escalation (where the child becomes more and more coercive and powerful, and their parents or caregivers increasingly give in to their demands). This inevitably leaves the adults feeling helpless, disempowered, inadequate, frustrated and desperate. NVR is fundamentally oriented around parents and carers regaining a sense of agency within themselves and towards their child. The primary goal of NVR is the repair and rebuilding of relationships within the family or other social groups the young person moves in, that have been stressed by aggression, violence and other destructive behaviours.

The six cornerstones of NVR

1. To learn to resist Non-violently: Understanding our own responses to the ideas of violence, Non-violence, and resistance in the context of social differences.
2. To think about escalation patterns and the logic of control; exploring ways to de-escalate including non-verbal communication and prioritising behaviours.
3. To raise parental presence; the idea of not giving in and not giving up, creating a sense of belonging and safety for the young person and the family.
4. To resist harm and carrying out peaceful protest in response to significant incidents of harmful and destructive behaviour
5. To build a caring community around each individual family; developing a support network of other adults who show care and support the parents / caregivers as they embed the approach.
6. To reconcile and repair relationships with young people; developing reconciliation gestures and ways of making amends.

NVR goes beyond the behaviour to develop a coherent and positive family narrative, and help children form more secure attachment, value and feel valued in their key relationships – even, or especially when the young person refuses to engage in therapy.

Training Options & Prices:

eLearning Modular (ELM): £425+VAT

This is our online eLearning (ELM) course. Learn at your own pace. You will have 8 weeks of access to complete the 6 online modules that will take around 24 hours to complete. After this, we would arrange a LIVE Online Consolidation Day. There is always support available via email and we also host weekly LIVE drop-in sessions where you can 'Ask the Trainers' anything!

"Interactive, dynamic and engaging. Keep up the fantastic work. Overall it is a brilliant training course and I have truly learned so much!" ELM Participant, 2025

LIVE Online Training: £525+VAT

- Modules 1 & 2 on ELM
- 2x LIVE Online training days via Zoom
- Final LIVE Consolidation Day via Zoom

Face-to-Face Training: £625+VAT

- Modules 1 & 2 on ELM
- 2x In-Person training days at Roehampton University, London
- Final LIVE Consolidation Day via Zoom

Save 20% when you book the Foundation Level, Advanced Level & Coursework Certification all together.

Reviews:

"It has brought NVR to the forefront"
Participant, 2025

"NVR is a powerful approach to use with families, to enact positive change. Interactive course works well."
Participant, 2025

"I have found it invaluable to my practice."
Participant, 2025

"Thank you - great training which I am finding useful personally and professionally."
Participant, 2025

"Thank you for the incredible training. I feel it can be powerful in my work and in personal situations."
Participant, 2025



Find Out More >

The NVR Certificate Course

Step 2: Advanced Level NVR Training

Deepen NVR knowledge and work with more complex cases

We aim to promote a deeper understanding of aggression and externalising behaviour in young people, in general, and especially where there has been a history of trauma and abuse. The specialist training includes an introduction to child-focused work in NVR, in order to help re-sensitise caregivers to unmet need and distress in young people, which is generally obscured by their aggression.

The flexible, creative capacity within the NVR framework is one of its greatest strengths, and allows it to be a continually evolving and interactive method. By bringing the underlying non-violent principles to bear on different situations involving harm and self-damaging behaviour, the methodology can be applied to many areas of difficulty that can seem intractable.

- Multi-stressed families
- Serious attachment problems – in the family, in care or after adoption, where there has been a history of child abuse, violence or neglect
- Working with parents of young people with Anxiety, Neurodiversity, OCD, Learning Difficulties, Eating Disorders, Self-Harm, etc.
- Internet addiction
- Adult Entrenched Dependency
- Controlling behaviour in couples' relationships

Training Options & Prices:

6-day Online Training via Zoom: £825+VAT

Based on joining our PartnershipProjects International Training. For the latest dates, please visit our website.

Looking for team training? All of our training is also available for private in-house groups. Please contact us for a free, no-obligation consultation & quote. Email: training@partnershipprojectsuk.com

Eligibility:

Training is open to practitioners in CAMHS, mental health, social care, education, youth justice and the independent sector, who have completed their NVR Foundation Level (NVRA Level 1).

Reviews:

*"Knowledgeable practitioners, & practical tools.
thank you."*

Participant, 2025

*"Lovely to engage with other professionals and
network with different ideas about practice - deeper
knowledge and different strategies to embed in
practice. Amazing thank you"*

Participant, 2025

*"If it wasn't online I would not have been able to
attend. I liked the combination of theory and breakout
groups. Well done. Thank you for a great course"*

Participant, 2025

*"Informative, in depth and time interesting. Gives me
confidence going forward in providing more effective
support and delivery of NVR"*

Participant, 2025



Find Out More >

The NVR Certificate Course

Step 3: Coursework & Certification (NVRA Level 2)

All participants who have completed their Advanced Level training, and who then wish to go on to receive the 'PartnershipProjects Advanced Certificate in NVR Practice' (NVRA Level II) will need to submit the required coursework for evaluation within a 12-month period* of completing the Advanced Level Training.

The coursework consists of:

- 2 x 2000-word case studies
- A reflective practice log & narrative section
- Required reading

You can decide to complete the coursework at any time during the course or within a one-year* period after the training has ended.

Price: £250+VAT

Eligibility:

Coursework Assessment is open to practitioners in CAMHS, mental health, social care, education, youth justice and the independent sector, who have completed their NVR Foundation Level (NVRA Level 1) & Advanced Level Training.

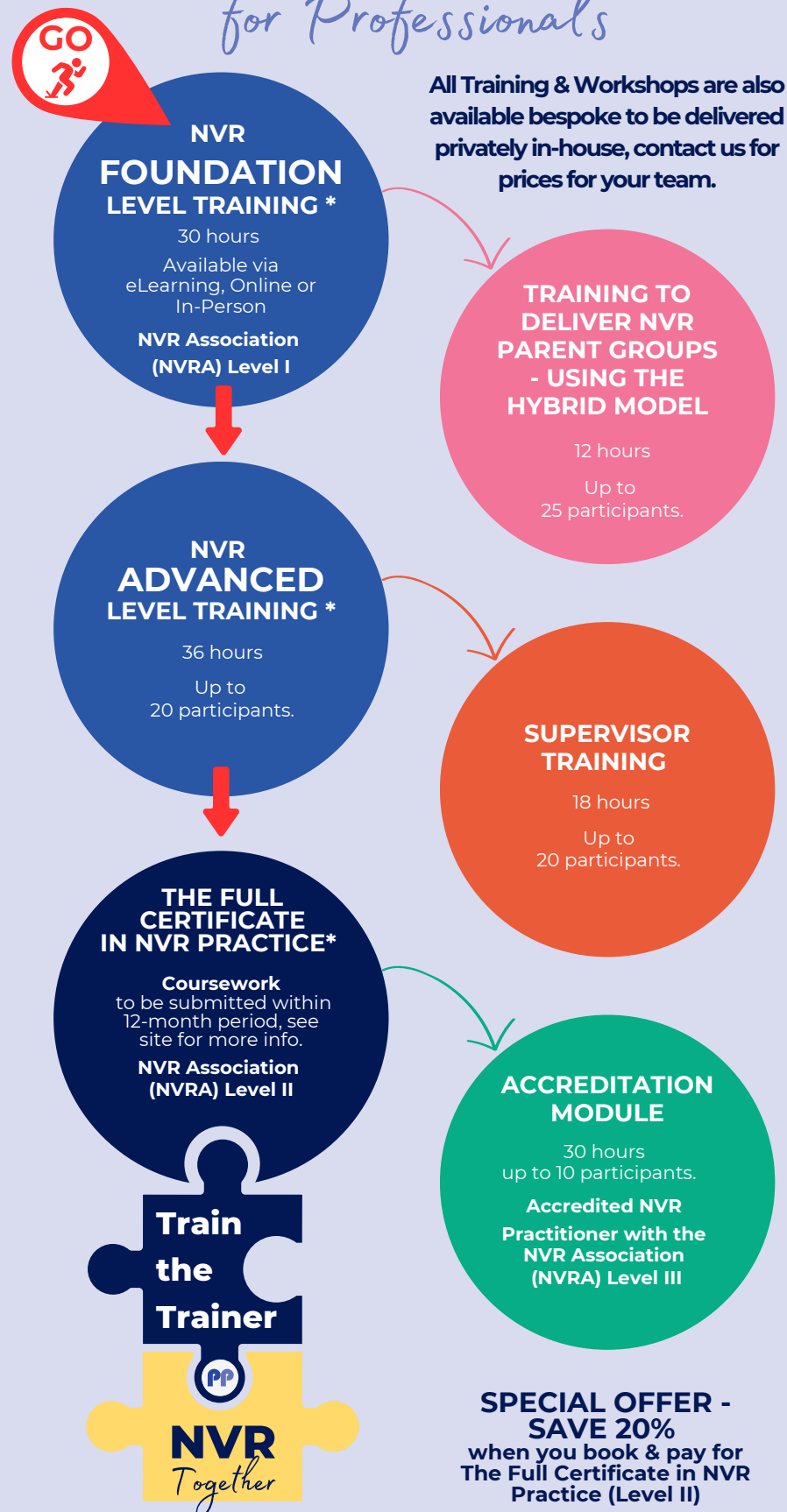


*We recommend that your coursework is submitted within 12 months from the last date of your Advanced Level Training, however, we understand that this may not always be possible. We will accept submissions within 2 years of completing the Advanced Level Training. For anything over 2 years, please [contact us](#) with a short paragraph sharing your experience in NVR since completing the Advanced Level Training, and any reason/s as to why a longer gap (more than 2 years) e.g. new addition to family, secondment in work, change of job role etc. We will be happy to help offer you guidance on your next steps, so you can continue with your NVR Journey.



PartnershipProjects NVR Training Map

for Professionals



KEY

BLUE

PartnershipProjects Certificate Course and recommended agency-based training program. After completion of Foundation Level, participants have the option to begin their Advanced Level training.

DARK BLUE

Successful completion of Coursework & Certification is required for progression to Accreditation Module &/or NVR Together

PINK

Additional training module that is not related to NVR-informed practice qualification levels.

ORANGE

Additional training module that is not related to NVR Association (NVRA) qualification levels.

GREEN

Following successful completion of this module, participants will receive their NVR Association (NVRA) Accredited Practitioner certificate.

NVR Together - Train the Trainer

Level II practitioners are eligible to join the NVR Together - Train the Trainer (TtT) licensing programme. Find out more [online](#).

7 Good Reasons to Train with LEADERS of NVR in the UK?

- ✓ CPD-Accredited Training Provider
- ✓ NVRA-Accredited Member & Training Provider
- ✓ Multi-Award-winning company - we are constantly innovating
- ✓ Global reach - students join us from all over the world
- ✓ The first and foremost NVR training provider in the UK: established in 2006 & now training over 1000 professionals a year
- ✓ Amazing testimonials & feedback
- ✓ Interest-free Payment Plans available

CPD-Accredited NVR Specialism Workshops

- Anxiety & OCD
- Eating Disorders
- Self-Harm & Suicidal Ideation
- Neurodiversity & Learning Disabilities
- More coming soon...

www.partnershipprojectsuk.com

training@partnershipprojectsuk.com



* **THE FULL CERTIFICATE IN NVR PRACTICE** is awarded upon successful completion of the Foundation Level Training, Advanced Level Training and Coursework Evaluation.

NVR Supervision: this is an important part of NVR training. If you do not have access to regular Supervision, this can be provided.

